

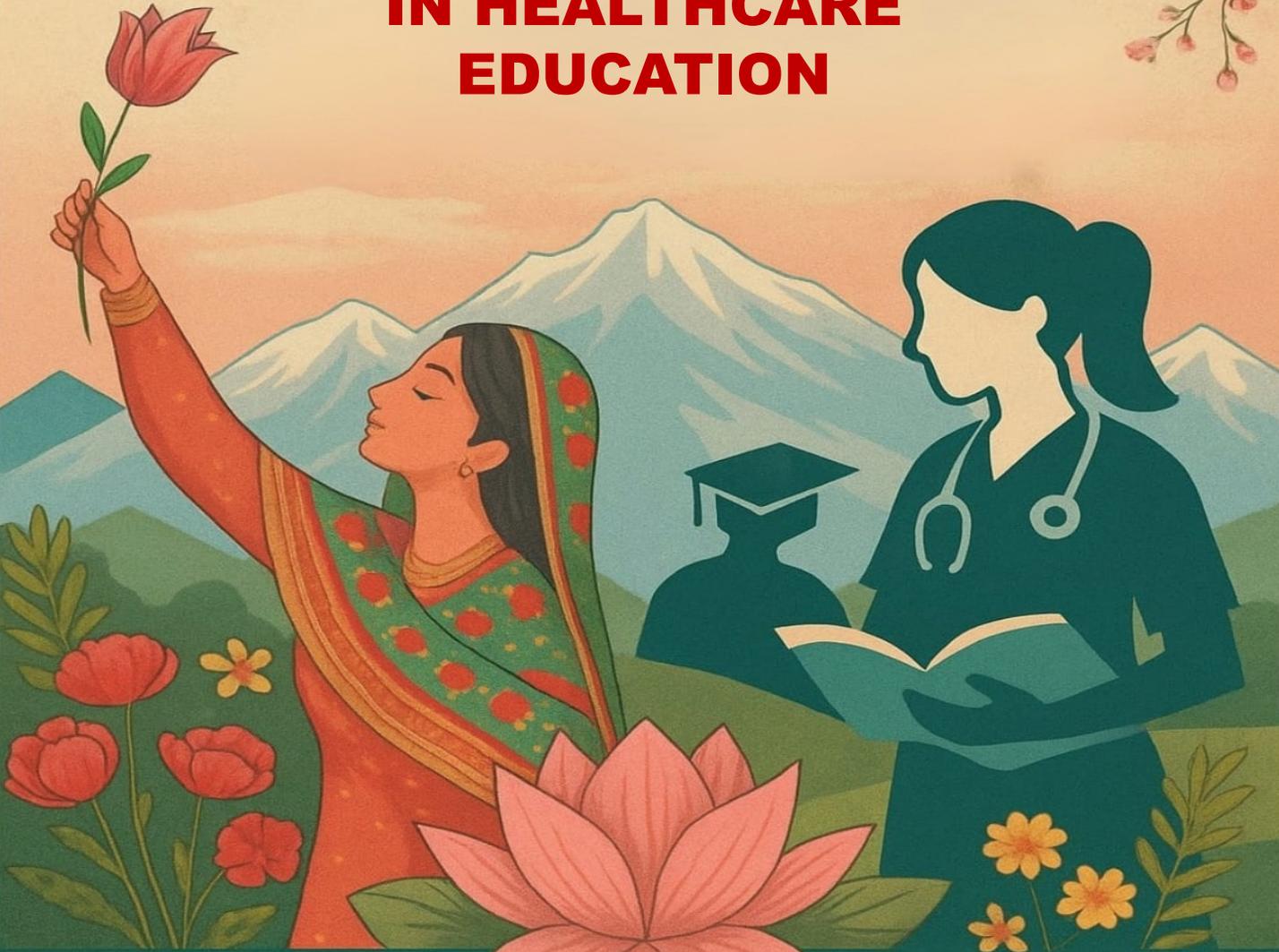


INSTITUTE OF PUBLIC HEALTH & HYGIENE COLLEGE OF NURSING & ALLIED HEALTH SCIENCES

APPROVED BY J & K PARAMEDICAL & NURSING COUNCIL
AFFILIATED TO UNIVERSITY OF JAMMU

ANNUAL REPORT 2025

QUALITY & COMPASSION IN HEALTHCARE EDUCATION



IPH&H INSTITUTIONAL CAMPUS, NEAR KANGAR MORH, KOT, BHALWAL, JAMMU AND KASHMIR 181122

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FREE
CAMPUS



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7051179677 / 8082531040 / 8082657200



INSTITUTE OF PUBLIC HEALTH & HYGIENE COLLEGE OF NURSING & ALLIED HEALTH SCIENCES

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OUR MISSION

The Institute of Public Health & Hygiene is dedicated to cultivating global citizens through exceptional technical education, providing students with the interdisciplinary, intercultural, and ethical knowledge necessary for effective participation and leadership in allied health professions.



OUR VISION

To become a globally recognized leader in technical education, emphasizing professional development, strategic research, and adaptable teaching methods.



VISION 2030

In the next five years, the college aspires to become a leading institution in modern education, focusing on critical thinking, adaptability, practical skills, inclusivity, sustainability, and robust industry connections to equip graduates for a dynamic global landscape.





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SHRI. V.K.N. BHARDWAJ
CHAIRMAN
IPH&H GROUP OF INSTITUTION



MR. N. DHANASEKARAN,
PRINCIPAL
IPH&H-CON&AHS, JAMMU

Welcome to the IPH&H College of Nursing and Allied Health Sciences, situated in Jammu and established by pioneers in Allied Health Training since 1976. Our institution prioritizes a holistic educational approach that promotes personal development, cultural awareness, digital proficiency, and technical expertise.

In the contemporary corporate environment, there is an increasing need for emphasis on Allied Health Science alongside traditional sectors, making training and development essential for advancement and leadership. In alignment with the Skill India Mission, we advocate for equal opportunities and strive to cultivate the next generation of leaders in healthcare.

At the IPH&H College of Nursing and Allied Health Sciences in Jammu, we are dedicated to providing practical education aimed at shaping future healthcare leaders. With a rich history spanning 50 years in paramedical and allied health sciences, we are at the forefront of Allied Health Education.

The College offers a diverse array of diploma, undergraduate, and postgraduate programs delivered by distinguished faculty members. Our commitment to academic excellence and personal development paves the way for new career opportunities in the healthcare sector.

Our faculty actively engages in research and employs innovative teaching methodologies to ensure that our programs remain relevant to current advancements and IT competencies.

We welcome students from both India and abroad who are eager to enhance their careers through high-quality education.

We wish you a rewarding educational experience.

Nurses, the largest population of the health care team are major stakeholders for the overall health status and quality of services rendered. Nursing is not a profession alone, it is a blessing. The suffering mankind sometimes may be far from their beloved, but the nurses are just a call away. This noble profession requires lots of devotion, dedication and compassion to work. Along with the curriculum we instill positivity, drive dedication and motivate the all-round development of the student and groom up to take up life challenges smoothly and wisely.

Institute of Public Health and Hygiene College of Nursing and Allied Health Sciences, Jammu would never compromise on self-respect, dignity and quality of education. With this principles all the teaching faculty focus in an uniform approach and strive to uplift the standard of the profession and the institute as well. The college possesses spacious classrooms, well equipped labs, modern library with huge collection of books, computer lab, hostel and transport facilities as per the recommendations of the statutory bodies.

Apart from extraordinary commitment, our staff have the uniqueness to identify the needs of the students before they themselves learn their need. With this eminent work force we capitalize upon academic preparation and make the students to become expert in acquiring knowledge and skills where we already have our greatest strengths.

There is no doubt that IPHH-CON&AHS is one of the fast growing iconic and reputed educational hub in the country. The nursing aspirants will have best of your professional training and progress highly embraced with global standard being inculcated among each one of the students.



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ABOUT THE INSTITUTE:

IPH&H -COLLEGE OF NURSING & ALLIED HEALTH SCIENCES
A PROUD LEGACY OF 50 YEARS, A BRIGHTER FUTURE!

Situated in the scenic region of Jammu, the IPH&H-College of Nursing & Allied Health Sciences is recognized as one of the premier autonomous educational establishments in India, Founded by the prestigious Institute of Public Health & Hygiene in New Delhi, the college has emerged as a symbol of excellence in healthcare education, drawing students from across India and various International locations. Starting with limited resources, IPH&H has grown into the leading Paramedical and Allied Health Education Institute in the country, proudly marking 50 years of excellence.

The IPH&H College of Nursing and Allied Health Sciences, located in Jammu, provides undergraduate and postgraduate programs that are approved by the Jammu and Kashmir Paramedical and Nursing Council and are affiliated with the University of Jammu.

Since its establishment, IPH&H has been dedicated to cultivating a new generation of healthcare professionals who are well-prepared to address the challenges of a dynamic healthcare environment. The institution has earned considerable acclaim in the Union Territory of Jammu & Kashmir for its steadfast commitment to training thousands of individuals ready to make significant contributions to the healthcare delivery system, even amidst difficult circumstances.

The college provides a wide array of undergraduate and postgraduate degree programs in nursing and allied health sciences. These programs are meticulously designed to equip students with a solid theoretical understanding and the practical skills essential for success in the healthcare sector. The curriculum is reinforced by a team of highly qualified and experienced faculty members who are devoted to mentoring the future leaders of healthcare. The college features modern infrastructure, including advanced laboratories, simulation centers, and clinical practice facilities, ensuring that students receive a comprehensive education.

Moreover, IPH&H-College of Nursing & Allied Health Sciences has forged strategic alliances with leading multi-specialty hospitals. These collaborations not only enrich the educational experience for students but also offer invaluable opportunities for practical training and exposure to real-world healthcare environments. Such partnerships play a crucial role in preparing students for their future careers



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AIM & OBJECTIVE

CULTIVATE SKILLED NURSING GRADUATES

Our primary goal is to develop highly skilled nursing graduates who possess essential technical competencies and embody core ethical principles such as truth, integrity, and human rights. We prepare them to advocate for patients and contribute positively to healthcare through a curriculum that emphasizes compassionate care, cultural competence, and respect for diversity.

FOSTER ACADEMIC INITIATIVES

We are dedicated to academic initiatives that promote personal development and community engagement. Our programs align with National and International healthcare standards, encouraging students to participate in community service. This integration of theory and practice equips graduates to meet the evolving needs of their communities.

INITIATE IMPACTFUL RESEARCH PROGRAMS

Our college aims to support impactful research that advances evidence-based nursing practices. We foster an environment that encourages innovation and critical thinking, enhancing the quality of nursing education and ensuring our graduates are informed consumers of research.





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COURSES OFFERED

S.NO.	COURSES OFFERED	ELIGIBILITY	DURATION
1	B.SC. (NURSING)	10+2 with Science Bio Group	4 YRS. Including Internship
2	GENERAL NURSING & MIDWIFERY (GNM)	10+2 with any stream	3 YRS. Including Internship

HIGHLIGHTS OF THE YEAR

ACADEMIC EXCELLENCE

Our faculty members have continued to excel in delivering quality education, maintaining a balance between theoretical knowledge and practical skills development.

RESEARCH INITIATIVES

We have encouraged research among faculty and students, resulting in several publications in reputable journals and presentations at national and international conferences.

CLINICAL TRAINING

Despite challenges posed by the pandemic, we ensured that our students received adequate clinical training through innovative approaches, including virtual simulations & telemedicine experiences

COMMUNITY OUTREACH

Our institution actively engaged with the local community through health camps, awareness programs, and collaborations with healthcare organizations, contributing to health promotion and disease prevention efforts.

STUDENT ACHIEVEMENTS

Our students have consistently demonstrated excellence in academic performance, clinical practice, and extracurricular activities, bringing laurels to the institution through awards and recognitions.

TRAINING LOGISTICS | FACILITIES | LABORATORIES

The self-sufficient campus features excellent infrastructure and resources, creating an engaging learning environment. Hostels accommodate male and female students from various regions and abroad. The Institute is committed to fostering an optimal academic atmosphere, ensuring graduates gain a solid foundation in the humanities and sciences, essential for any profession and informed global citizenship. From the new Medical Laboratory and Imaging Sciences Department to Dental Sciences and Communication Technology, IPH&H continually invests in meeting the needs of its academic community.

TEACHING & TRAINING LOGISTICS



By incorporating a variety of teaching methods, nursing colleges aim to cater to the diverse learning needs of students and prepare them for the complex challenges they will encounter in their nursing careers.

NURSING FOUNDATION LAB



Fundamental of nursing lab is the basic foundation lab in the art of nursing. It exposes all equipment's which are used for giving care to the patient in practical way it will guide students to improve knowledge and to assess the patient care effectively and efficiently.

FUNDAMENTALS OF NURSING LABORATORY



Nursing foundation lab is fully equipped with articles and equipments. The students acquire knowledge, understand skills in techniques of Nursing in the lab and then practice in clinical setting.

COMMUNITY HEALTH NURSING LABORATORY



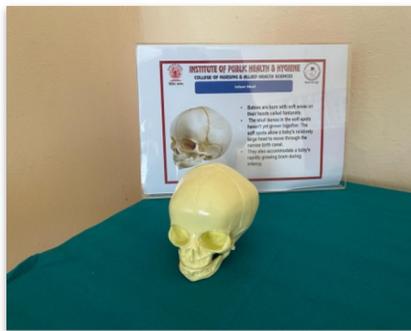
The Community Health Nursing Lab is well equipped with articles such as community bags, models, charts, etc. for preparing nursing students to deliver health care to the people at their door steps in both urban and rural communities. The lab gives the students clinical experience, educational and enlightening experiences, and helps to promote the students' empowerment.

NUTRITION LAB



Nutrition lab is also well equipped. Students learn to prepare different meal planning's and types of food which are served to various types of patients. Different methods of cooking are being taught in the lab. The students acquire knowledge of nutrition for maintenance of optimum health at different stages of life.

PRE CLINICAL SCIENCE LAB



This lab is equipped with models, charts, structure of various human body systems with the help of the equipments facilities. The students acquire knowledge of normal structure of various human body systems and understand the anatomical structures in diseases and practice of Nursing

PEDIATRIC LAB



This branch of medical science helps to understand the health issues of children, whether they are physical, mental, psychological, or spiritual in nature. In this department, we provide comprehensive medical education, keeping all aspects of pediatric medicine in mind, as well as impart preventive, curative, promotive, and health care knowledge about infants and children up to 18 years of age.

OBSTETRICS & GYNECOLOGICAL LAB



The obstetrics and gynecological laboratories are designed to enable students to gain knowledge and techniques applicable to real-life situations. It is well equipped with instruments, foetal skulls, maternal pelvis, forceps, dummies for mechanisms of labor, models for normal and abnormal labour mechanisms, flowcharts of obstetrical care and principles and charts to provide every possible knowledge related to obstetrics and gynecological nursing.

MATERNAL & CHILD HEALTH LAB



It serves as vital training ground where students gain hands-on experience in providing comprehensive care to women, infants, and children. Equipped with advanced simulation technology and realistic scenarios, this lab offers a safe environment for students to practice essential skills and refine their clinical competencies.



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AUDIO VISUAL AID LAB



Audio Visual Aids devices which can be used to make the learning experience more concrete and effective, more realistic and dynamic can be considered audio visual material.

IT LAB



The College has well equipped computer lab with latest configuration. Pentium 4 with Dual core Processors, 1GB Ram/160 GB, Multimedia Keyboard and other accessories & The total no of systems available are 25 (Twenty Five).

HOSTEL FACILITIES



- ❖ Separate Hostel Facilities for Male & Female with a choice of individual and shared rooms.
- ❖ Well Ventilated Rooms
- ❖ Mess facility
- ❖ Separate Hostel Facilities for Male & Female with a choice of individual and shared rooms.
- ❖ Clean and airy, the rooms offer beds, wardrobes and study tables and chairs.

TRANSPORTATION



Transport Facility is provided to the students & faculty members to commute to Hospitals, College and local visits. Sufficient number of buses available for this purpose.



LIBRARY & RESEARCH CELL



MAGAZINE
Chronicle
Front –Line Impearlism
Arogyadam
Yojna-Social Security
India Today

NEWSPAPERS
The Hindu
Daily Excelsior
Danik Jagran
Amar Ujala

Total No. of Books	3000+
Total No. of Titles	334
Total No. of Journals	14
National Journals	04
International Journal	10



E- RESOURCE SERVICES

IN-HOUSE / REMOTE ACCESS
OPAC(ON-LINE PUBLIC ACCESS CATALOGUE)
PLAGIARISM CHECKING
NEW ARRIVAL DISPLAY SERVICE
DICTIONARY
CURRENT AWARENES SERVICE

REPROGRAPHIC FACILITY
MULTI-MEDIA STATION, PROPERTY COUNTER
INTER-LIBRARY LOAN
LIBRARY ACCESS CONTROL SYSTEM
USER ORIENTATION AND AWARENESS

DELNET , N-LIST
NATIONAL & INTERNATIONAL MAGAZINE

National and International magazines helps students to connect with global education.



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NEW DIGITAL INITIATIVES

Empowering Future Healthcare Professionals Through Innovation

At IPH&H, we are committed to redefining healthcare education through cutting-edge digital integration. Our new digital initiatives are designed to enhance learning outcomes, streamline student services, and prepare our students for a tech-driven healthcare landscape.

Key Digital Advancements:

- 1. Smart Classrooms** – Interactive boards, multimedia tools, and real-time case study simulations.
- 2. Virtual Labs** – Hands-on experience through 3D anatomy models and AR-based paramedical lab training.
- 3. Digital Library Access** – 24/7 access to e-books, journals, research papers, and global databases.
- 4. Learning Management System (LMS)** – Course materials, quizzes, assignments & progress tracking – all in one place!
- 5. Online Counseling & Mentoring** – Regular sessions with academic advisors and clinical mentors, virtually.
- 6. Telehealth Training Modules** – Exposure to digital healthcare delivery through virtual patient care models.
- 7. Biometric Attendance & ID Integration** – Safe, secure, and transparent tracking system.
- 8. Student App Portal** – For fees, results, timetables, internship updates & more – anytime, anywhere!

Coming Soon:

- ✓ AI-powered Chatbot Support
- ✓ Virtual Internship Tie-ups
- ✓ Digital Alumni Connect & Career Network



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FACULTY EXCELLENCE : MR. N. DHANASEKARAN, PRINCIPAL IPH&H COLLEGE OF NURSING & ALLIED HEALTH SCIENCES, JAMMU

Presentation

- ❖ Workshop presentation on and CPR and First aid Management in Vivekanda College of Nursing
- ❖ Paper presentation on “Knowledge on Practice of Weaning among the Mothers with Infant
- ❖ Below 6 Months of Age” at National Level Work Shop on “Utilization of Nursing Process in Clinical Settings”
- ❖ Paper presentation on Emergency Obstetrical and Neonatal Care “Referral Transport Service”
- ❖ Publication of Research Articles
- ❖ The Silent Epidemic: Complication of Low Hemoglobin in Female Children - International
- ❖ Research Journal of Education and Technology
- ❖ Beyond Pills : Exploring Alternative Therapies for Preventing Anemia in India - International
- ❖ Journal of Research Publication and Reviews
- ❖ Knowledge and Opinion on Effects of Television Viewing on Children among the Mothers with
- ❖ Under Five Children - Journal of BP Koirala Institute of Health Sciences
- ❖ Knowledge on Practice of Weaning among the Mothers with Infant Below 6 Months of Age -
- ❖ Journal of College of Medical Sciences □ Knowledge on Pediatric First Aid Management among Mothers with under Five Children -
- ❖ Journal of College of Medical Sciences



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FACULTY EXCELLENCE : MR. N. DHANASEKARAN,
PRINCIPAL, IPH&H COLLEGE OF NURSING & ALLIED HEALTH SCIENCES, JAMMU

Research Work

- ❖ Examining the Impact of a Nutritional Treatment Plan on Hemoglobin (Hb) Levels in Adolescent
- ❖ Girls: A Mixed Methods study
- ❖ Knowledge and Practice of Menstrual Hygiene among Adolescent Girls in Government Girls Higher Secondary School
- ❖ A Study on Effectiveness of Employees Training and Development

Seminar/Conference Attended

- ❖ Training Programme on Care of Children with COVID 19, TNNMC, Tamilnadu
- ❖ Basic pediatric skills in Kanchi Kamakoti Child Trust Hospital, Chennai.
- ❖ National level Workshop on “Diabetes an Integrated Approach”
- ❖ National level Workshop on “Utilization of Nursing Process in Clinical Settings”.
- ❖ National level Nursing Conference on “Changing Face of Nursing – Newer Perspective”
- ❖ National level seminar on “Millennium Development in Nursing”
- ❖ State level Symposium on “Clinical Research in Nursing”.
- ❖ State level Symposium on “Innovative Teaching Learning Methods in Nursing Education and Practice”
- ❖ State level Symposium on “Current Trends in Emergency Nursing”
- ❖ State level Seminar on “Nutritional in Health and Diseases”.
- ❖ State level Seminar on “Management of High Risk”
- ❖ State level Seminar on “Clinical Teaching Methods”
- ❖ State level Seminar on “ National Rural Health Mission and Nursing”
- ❖ State level Seminar on “ Quality assurance in Nursing”



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FACULTY EXCELLENCE : IQBAL MAJID DAR , VICE PRINCIPAL **IPH&H COLLEGE OF NURSING & ALLIED HEALTH SCIENCES, JAMMU**

1. International Seminar on Holistic Nursing Care : Integrating physical, emotional, and spiritual care in nursing practice.
2. Seminar on Legal and Ethical Issues in Nursing : Patient rights, legal case studies, and ethical dilemmas in mental health and pediatric care.
3. National Seminar on Emerging Trends in Psychiatric Nursing: Depression in adolescents, suicide prevention strategies, and use of psychotropic medication.
4. Workshop on Advanced Psychiatric Assessment Techniques : Hands-on training for mental status examination (MSE), diagnosis, and documentation.
5. Workshop on Research Methodology and Evidence-Based Practice in Nursing: Practical exposure to research design, data analysis, and publication writing.
6. Workshop on Stress Management and Emotional Intelligence in Nursing: Techniques for building resilience among nursing professionals and students.
7. Workshop on Simulation-Based Clinical Teaching: Use of mannequins, role play, and digital simulation tools for teaching clinical procedures.
8. FDP on Innovations in Nursing Education and Curriculum Design: Outcome-based education (OBE), competency-based teaching, and blended learning.
9. FDP on Mental Health and Well-being for Educators: Strategies to manage burnout, promote well-being, and integrate mental health into curriculum.
10. FDP on Assessment and Evaluation Techniques in Health Sciences Education: Formative/summative assessments, OSCE, and reflective journaling.
11. FDP on Integration of Artificial Intelligence in Healthcare Education: Learning How AI is transforming diagnostics, treatment planning, and nursing education tools.



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GUEST LECTURES | SEMINARS ATTENDED BY FACULTY

NAME OF FACULTY	EVENTS ATTENDED
MRS ANU SHARMA	<ol style="list-style-type: none">1. Gender sensitization symposium2. National seminar on prevention of suicide3. Webinar on world drug abuse day4. National conference on qualitative research-discover and accelerate5. National panel discussion on explicit arcs of alzheimers.6. Workshop on foundation of ai in health care.7. FDP on shielding the professionals spheres of ethical and legal protection in nursing8. National level panel discussion on breastfeeding : challenges ,solution and support.9. National webinar on hip hop hep(world hepatitis day)10.FDP on ai-emerging trends in teaching healthcare research and clinical practice11.Awareness program on organ donation,12.Workshop on first aid emergency by red cross society,13.Career guidance to govt. School students, Ghorata,
MR. NASEER SULTAN	<ol style="list-style-type: none">1. Awareness program on organ donation,2. National panel discussion on explicit arcs of Alzheimers.3. Workshop on foundation of AI in health care.4. FDP on shielding the professionals spheres of ethical and legal protection in nursing5. National level panel discussion on breastfeeding : challenges ,solution and support.6. National webinar on hip hop hep(world hepatitis day)7. FDP on ai-emerging trends in teaching healthcare research and clinical practice8. CNEP virtual session on prevention of birth asphyxia,9. Workshop on first aid emergency by red cross society,10.Career guidance to govt. School students11.Symposium on gender sensitization12.National seminar on prevention of suicide13.Webinar on world drug abuse day

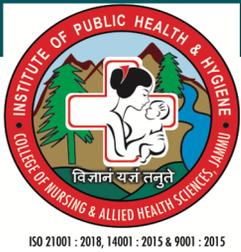


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GUEST LECTURES | SEMINARS ATTENDED BY FACULTY

NAME OF FACULTY	EVENTS ATTENDED
MRS. SHEWALI SHARMA	<ol style="list-style-type: none"> 1. Webinar on world drug abuse day 2. National panel discussion on explicit arcs of alzheimers. 3. Workshop on foundation of ai in health care. 4. National level panel discussion on breastfeeding: challenges ,solution and support. 5. FDP on ai-emerging trends in teaching healthcare research and clinical practice 6. Awareness program on organ donation, 7. Career guidance to Govt. School students, 8. Awareness on Jan Aushadhi Yojna 9. Gender sensitization symposium 10.National seminar on prevention of suicide 11.FDP on shielding the professionals spheres of ethical and legal protection in Nursing
MS. KUSHNAMA	<ol style="list-style-type: none"> 1. FDP on Artificial Intelligence emerging trends in clinical practice 2. Session on prevention of birth asphyxia, 3. Awareness program on organ donation, 4. National panel discussion on explicit arcs of alzheimers. 5. Workshop on foundation of AI in health care. 6. FDP on shielding the professionals spheres of ethical and legal protection in nursing 7. National level panel discussion on Breastfeeding : challenges ,solution and support. 8. National webinar on HIP HOP HEP (World Hepatitis Day) 9. Workshop on first aid emergency by red cross society,
MS. AATIFA MUSHTAQ	<ol style="list-style-type: none"> 1. Workshop on First Aid Management Organisation 2. Certificate of participation in CPR training organised by Medanta, Gurugram 3. Workshop on stress management in nursing profession 4. National level online Quiz on International Day Against Drug Abuse and Illicit Trafficking organized by NSS 5. National level webinar on World Health Day 6. COVID-19 awareness Quiz organised by IQAC



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STUDENT DEVELOPMENT

At IPH&H Nursing College Jammu, regularly organize guest lectures, seminars, and faculty development programs to enhance academic excellence. These interactive sessions bring insights from industry experts and medical professionals, fostering skill development, innovation, and continuous learning among students and faculty alike to stay updated with the latest healthcare advancements.

COMMITTEES



STUDENT REDRESSAL
GRIEVANCE COMMITTEE



Hostel & MESS COMMITTEE



INTERNAL COMPLAINT
COMMITTEE (ICC)



SPORTS COMMITTEE



STUDENTS WELFARE
COMMITTEE



Health
& Wellness
COMMITTEE



CULTURAL COMMITTEE



ANTI-DRUG ABUSE
COMMITTEE



DISCIPLINARY
COMMITTEE



LIBRARY
ADVISORY COMMITTEE (LAC)



SC / ST COMMITTEE

CLUBS & SOCIETIES

A VARIETY OF CLUBS AND ORGANIZATIONS AT THE IPH&H-COLLEGE OF NURSING & ALLIED HEALTH SCIENCES PROMOTE STUDENT INVOLVEMENT. JOINING AN ORGANIZATION AS A STUDENT IS ONE OF THE BEST WAYS TO INFLUENCE OUR COMMUNITY AND YOUR FUTURE.

- ROOTS & STEM-ECO CLUB
- LANGUAGE & CULTURAL CLUB
- COMMUNITY SERVICE CLUB
- SAKHI- GIRL UP
- MENTOR -MENTEE
- FUTURE HEALTH PROFESSIONALS
- SPORTS CLUB
- YOGA CLUB

SCHOLARSHIPS, GRANTS & CONCESSIONS

- ACADEMIC EXCELLENCE SCHOLARSHIP
- CONFERENCE TRAVEL GRANT
- NEED-BASED SCHOLARSHIPS
- SPORTS SCHOLARSHIP
- PHYSICALLY CHALLENGED SCHOLARSHIP
- ALUMNI SCHOLARSHIP
- ALUMNI SCHOLARSHIP
- CULTURAL TALENT GRANT
- STUDENT RESEARCH FELLOWSHIP
- ENDOWED SCHOLARSHIPS
- CORPORATE SPONSORSHIP
- SIBLING CONCESSION



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PLACEMENTS & INDUSTRY CONNECT:

At IPHH Nursing College, Jammu, we take pride in nurturing skilled professionals who are ready to serve and lead in the healthcare sector. Our dedicated Placement Cell works tirelessly to connect students with top recruiters across India through:

Pre-Placement Guidance Session tailored for Nursing Students, focusing on resume building, portfolio creation, and communication skill enhancement, along with suggested activities:

Pre-Placement Guidance & Skill Enhancement Session for Nursing Students
Empowering You for a Confident Career Launch!

IPHH is organizing a comprehensive Pre-Placement Guidance Session exclusively for nursing students to equip them with the essential tools for a successful transition from campus to career.

Key Focus Areas:

- **Resume & Portfolio Building:**
Learn how to craft a professional nursing resume and create an impactful digital & physical portfolio to stand out to recruiters.
- **Communication Skills Enhancement:**
Master the art of effective communication, patient interaction, and interview etiquette – vital for clinical and hospital settings.
- **Professional Grooming & Body Language:**
Tips to build a lasting first impression and present yourself with confidence.

Engaging Activities Include:

- **Live Resume Writing Workshop** – Get your resume reviewed and corrected by experts.
- **Mock Interviews & Role Plays** – Practice interviews with real-time feedback to boost confidence.
- **Group Discussions & JAM (Just A Minute)** – Improve articulation and critical thinking.
- **Portfolio Presentation Practice** – Showcase your skills, internships, and achievements professionally.
- **Feedback Circles** – Peer and mentor feedback to improve speaking and listening skills.

Over the years, our strong industry relationships have empowered hundreds of students to begin their careers in hospitals, diagnostic centres, NGOs, government health services, and international healthcare establishments



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AWARDS & RECOGNITIONS



Proud Moment for IPHH Jammu!
We are thrilled to share that Shri V. K. Nangalia Bhardwaj, Chairman of the Institute of Public Health & Hygiene – College of Nursing & Allied Health Sciences, Jammu, has been honoured as the "Education Icon of the Year 2024" at the prestigious **EDU CONCLAVE Jammu**, organized by "**ilounge media**" on 13th December 2024.

This recognition celebrates his unwavering dedication, visionary leadership, and transformative contributions to healthcare education in India.

SOCIAL MEDIA REACH

Find us on **Facebook**



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IPHHJAMMU

Find us on **Instagram**



iphh_jammu

Find us on **X**



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- **Twitter:** <https://x.com/IPHHJammu>
- **Instagram:** https://www.instagram.com/iphh_jammu/
- **You Tube:** <https://www.youtube.com/@IPHHJAMMU>



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7051179677 / 8082531040 / 8082657200



INSTITUTE OF PUBLIC HEALTH & HYGIENE COLLEGE OF NURSING & ALLIED HEALTH SCIENCES

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AFFILIATED TO UNIVERSITY OF JAMMU

N5 LEVEL JAPANESE PROFICIENCY TEST - (JLPT) LANGUAGE

N5 Level Certificate with all courses to enhance placement opportunities in global and domestic markets.

What you learn at the N5 level?

Vocabulary

Kanji

Grammar

Listening

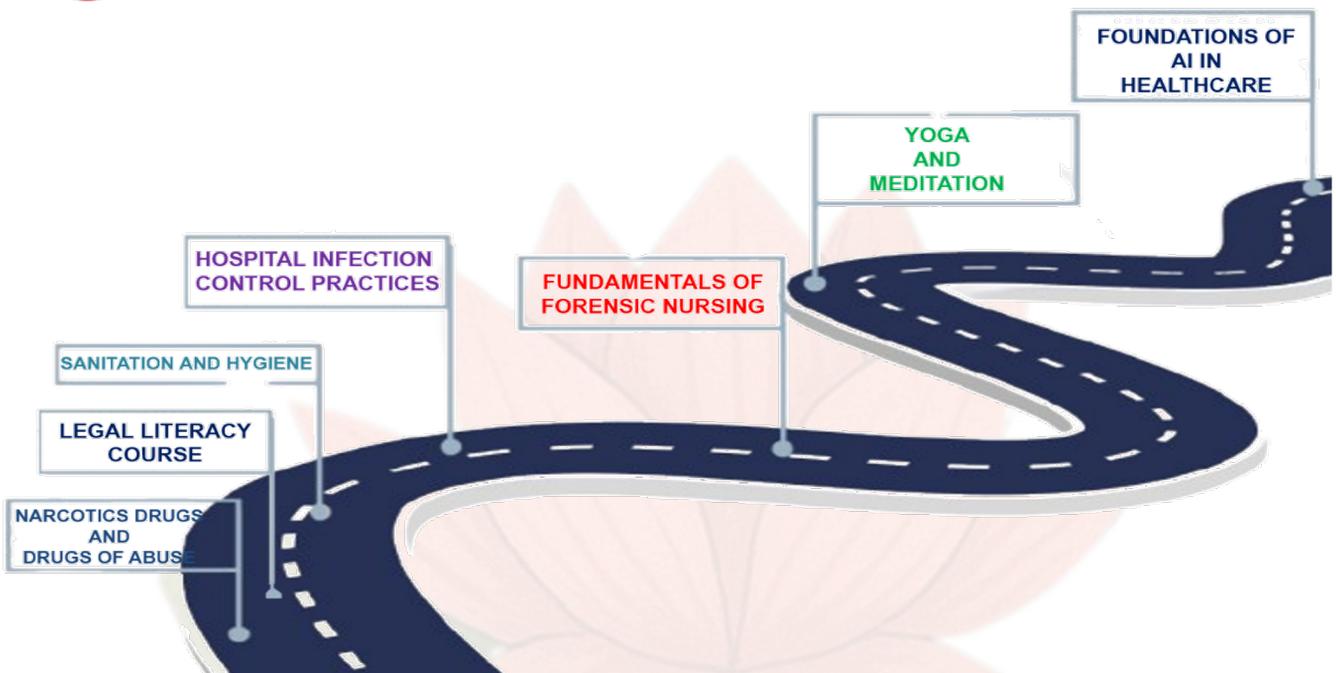
Reading



VALUE ADDED COURSES



DURATION : 16-30 HRS.





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CORPORATE SOCIAL RESPONSIBILITY (CSR)

At IPH&H, our commitment to Corporate Social Responsibility (CSR) is deeply rooted in our mission to enhance community health and well-being. We recognize that our role extends beyond providing health-care services; we strive to be a catalyst for positive change in the communities we serve. Our multifaceted approach to CSR encompasses a range of initiatives designed to address the diverse needs of underserved populations and promote overall societal welfare.

- Free Rural Mobile Health Services
- Free Rural Community Public School
- Rehabilitation Services for Individuals with Disabilities
- HIV/AIDS Awareness Programs
- Setting up Skill Training Centres
- Sponsorship of students
- Environmental Sustainability

Through these initiatives, the Institute not only promotes environmental sustainability but also empowers individuals and communities to take an active role in protecting and nurturing the planet. By fostering a culture of environmental stewardship, the Institute hopes to inspire future generations to prioritize sustainability in their daily lives.





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IPH&H'S SUSTAINABLE INITIATIVES

Our approach is rooted in the idea that sustainable healthcare is ethical healthcare. Here are some of the meaningful ways IPH&H put this philosophy into action:

“A healthy world starts with a healthy environment.”

- 1. Seed Pencil Project:** Waste paper from campus is repurposed into plant able seed pencils, combining environmental education with reforestation efforts. These are distributed during awareness campaigns and student events to spread the message of green responsibility.
- 2. Bi-Annual E-Waste Collection Drives:** In collaboration with certified recyclers, IPH&H conducts safe and responsible E-waste drives, ensuring that obsolete electronics are properly handled and recycled.
- 3. Creative Reuse of Glass and Plastic Waste:** Students and staff actively repurpose waste materials into plant pots, art installations, and decorative pieces. This initiative not only reduces waste but encourages environmental creativity and mindfulness.

AARUDITI FOUNDATION
From Dependence to Independence

PAPER PENCILS, PENS, NOTEBOOK, CARDS THAT NOT ONLY REDUCE PLASTIC & PAPER WASTE BUT ALSO HAVE SEEDS THAT GROW INTO TREES!

Available with Five assorted Seeds:

- Tomato
- Coriander
- Mustard
- Brinjal
- Spinach

SHOP NOW ▶ 9811817972 www.iphhparamedic.in



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CHALLENGES

FACULTY DEVELOPMENT

Ensuring the continuous professional development of our faculty members remains a priority, requiring support for attending workshops, conferences, and pursuing advanced degrees.

INFRASTRUCTURE NEEDS

While we strive to provide the best facilities for our students, there is a continual need for improvement in infrastructure, including upgraded laboratories and simulation facilities.



ROADMAP OF OUR FUTURE

Expanded Academic Offerings

Introducing specialized Add-On courses in areas such as telemedicine, geriatric care, and palliative care, catering to diverse interests and career aspirations of students & offering short-term professional certificate courses in collaboration with leading healthcare institutions, providing students with additional certifications and skill enhancements.

Integration of AI

Introducing Artificial Intelligence in Healthcare: Collaborating with industry experts to incorporate AI-based healthcare solutions into our curriculum, preparing students for the future of healthcare delivery.

Research Collaboration

Partnerships with UNICEF and WHO: Establishing research collaborations with UNICEF and WHO to address global healthcare challenges, focusing on maternal and child health, infectious diseases, and healthcare equity.
Forming interdisciplinary research teams.

Enhanced Technology

Investing in advanced virtual reality simulations to provide realistic training scenarios for students, enhancing clinical decision-making skills.





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INTERNATIONAL WOMEN'S DAY 7TH MARCH 2024



WORLD HEALTH DAY 8TH APRIL 2024



WORLD MALARIA DAY 25TH APRIL 2024



INTERNATIONAL NURSES DAY 12TH MAY 2024



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FIRST AID TRAINING AT INDIAN RED CROSS SOCIETY 28TH MAY 2024



14TH INDIAN ORGAN DONATION DAY | 3RD AUGUST 2024



ORIENTATION SESSION : आगाज़ 9TH NOVEMBER 2024



SWACHHTA RALLY ALERT 9TH NOVEMBER 2024



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SCHOOL STUDENTS HEALTH ASSESSMENT 12TH NOVEMBER 2024



WORLD AIDS DAY AWARENESS CAMPAIGN 1ST DECEMBER 2024



FRESHERS PARTY 24TH DECEMBER 2024



REPUBLIC DAY CELEBRATION 26TH JANUARY 2025



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**OATH TAKING CEREMONY
15TH FEBRUARY 2025**



**PICNIC WITH A PURPOSE: FUN, GREENERY & SUSTAINABILITY AT PATNITOP
28TH FEBRUARY 2025**



**JAN AUSHADHI YOJANA 2025 | SDH KOT BHALWAL, JAMMU
7TH MARCH 2025**



**GOONJ-2025 | UNIVERSITY OF JAMMU
19TH & 20TH MARCH 2025**



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SYMPOSIUM ON GENDER SENSITIZATION 21ST APRIL 2025



FOUNDATION OF AI IN HEALTHCARE 25TH APRIL 2025



FOOD CRAFT & WATER PURIFICATION 22ND APRIL 2025



WORLD EARTH DAY 22ND APRIL 2025



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WORKSHOP ON FOUNDATION OF AI IN HEALTHCARE 26TH APRIL 2025



ONE- DAY TRAINING FOR FIRST AID @ INDIAN RED CROSS SOCIETY 8TH MAY 2025



NO TOBACCO DAY 2025 31ST MAY 2025



ORGAN DONATION AWARENESS SESSION BY SOTTO 2ND JUNE 2025



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INSIDE THE STERILE WORLD OF HEALTHCARE CSSD VISIT 4TH JUNE 2025



ENVIRONMENT DAY CELEBRATION 5TH JUNE 2025



INTERNATIONAL YOUTH DAY | POSTER MAKING COMPETITION 12TH AUGUST 2025



INDEPENDENCE DAY CELEBRATION @IPH&H CAMPUS 15TH AUGUST 2025



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VISIT TO FOOD CRAFT INSTITUTE (FCI) 11TH SEPTEMBER . 2025



स्वस्थ नारी, सशक्त परिवार | NURSING STUDENTS @ PHC 29TH SEPTEMBER 2025



WORLD SUICIDE PREVENTION DAY: 10TH SEPTEMBER 2025



FIRST AID TRAINING AT SMVDIME: 7TH OCTOBER 2025



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IN CAMPUS PLACEMENT DRIVE 7TH OCTOBER 2025



WORLD DIABETES DAY 14TH OCTOBER 2025



ORIENTATION PROGRAM OF B.SC (NURSING) BATCH 2025 - 26: 27TH OCTOBER 2025



STATE - LEVEL PDMP 2025 | GMC JAMMU 26TH NOVEMBER 2025



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BOPEE READY.. FUTURE STEADY.

- ✓ B.Sc. (NURSING)
- ✓ GENERAL NURSING & MIDWIFERY (GNM)



IPH&H INSTITUTIONAL CAMPUS, NEAR KANGAR MORH, KOT, BHALWAL, JAMMU AND KASHMIR-181122



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Ragging Free Campus