



**COURSE  
BOOKLET**

ISO 14001 : 2015 & 21001 : 2018

# **IPH&H - COLLEGE OF NURSING & ALLIED HEALTH SCIENCES**

**COURSES APPROVED BY JAMMU & KASHMIR PARAMEDICAL &  
NURSING COUNCIL, AFFILIATED TO UNIVERSITY OF JAMMU**



**GLOBAL EDUCATION GOES LOCAL**



**COURSES WITH ARTIFICIAL INTELLIGENCE & ENVIRONMENTAL EDUCATION**



ISO 14001 : 2015 & 21001 : 2018

# INSTITUTE OF PUBLIC HEALTH & HYGIENE

COLLEGE OF NURSING & ALLIED HEALTH SCIENCES, JAMMU



## VISION

The Institute seeks to be a center of excellence dedicated to provide superior education and training in Allied Health Sciences in order to produce highly qualified, caring allied health workforce for the Health Care Industry to serve the people of India and at the International level.



## MISION

The Institute in pursuit of its vision will provide outstanding educational experience, in all the disciplines of Allied Health Sciences, in a supportive environment of critical thinking, self directed learning and integrity. It will provide comprehensive, culturally sensitive, community oriented Health care professionals to individuals and families.



## VALUES

The Institute of Public Health & Hygiene sets higher standards and works to improve education in allied health sciences. We are committed to : Being student centered Being clinically led well-being Quality Innovation.

**The global  
Institute at the  
heart of an  
ambitious city!**



## GOALS

The Institute strives to be among the top institutions in India in the sphere of Allied Health training.



## ABOUT US

### IPH&H-College of Nursing & Allied Health Sciences

#### A Leading Institution for Healthcare Education in Jammu

The IPH&H College of Nursing and Allied Health Sciences, located in Jammu, provides undergraduate programs that are approved by the Jammu and Kashmir Paramedical and Nursing Council and are affiliated with the University of Jammu.

Since its establishment, IPH&H has been dedicated to cultivating a new generation of healthcare professionals who are well-prepared to address the challenges of a dynamic healthcare environment. The institution has earned considerable acclaim in the Union Territory of Jammu & Kashmir for its steadfast commitment to training thousands of individuals ready to make significant contributions to the healthcare delivery system, even amidst difficult circumstances.

The college provides a wide array of undergraduate degree & diploma programs in nursing and allied health sciences. These programs are meticulously designed to equip students with a solid theoretical understanding and the practical skills essential for success in the healthcare sector. The curriculum is reinforced by a team of highly qualified and experienced faculty members who are devoted to mentoring the future leaders of healthcare. The college features modern infrastructure, including advanced laboratories, simulation centers, and clinical practice facilities, ensuring that students receive a comprehensive education.

Moreover, IPH&H-College of Nursing & Allied Health Sciences has forged strategic alliances with leading multi-specialty hospitals. These collaborations not only enrich the educational experience for students but also offer invaluable opportunities for practical training and exposure to real-world healthcare environments. Such partnerships play a crucial role in preparing students for their future careers.



**Stop Ragging**  
Ragging Free Campus





### **AUDIO-VISUAL AIDS LABORATORY :**

The Audio-Visual Aids Laboratory enhances the learning experience by utilizing multimedia resources such as projectors, smart boards, and interactive models. It is employed for presentations, simulations, and video-based learning, ensuring that students grasp complex concepts through engaging and innovative methods.

### **ADVANCED NURSING SKILLS LABORATORY :**

The Advanced Nursing Skills Laboratory offers a simulated clinical environment that replicates critical care scenarios. With high-fidelity mannequins and advanced simulation tools, students practice intricate procedures such as IV cannulation, catheterization, CPR, and emergency response techniques. This laboratory is focused on developing critical thinking, decision-making, and technical skills in high-pressure situations.

### **LIBRARY :**

The Knowledge Resource Centre at IPH&H College of Nursing comprises a highly resourceful Library designed to meet the educational needs of the academic community. The library's collection is fully computerized, featuring an Online Public Access Catalog (OPAC). The Digital Library offers various digital resources, and the Library maintains two electronic databases and an institutional membership with DELNET for acquiring requested materials. Its collection includes a wide array of encyclopedias, reference materials, and textbooks relevant to the College's courses. Additionally, students, faculty, and staff can access the National Digital Library of India (NDL), which provides over 700,000 books and 300,000 research papers, among other resources.

### **TRANSPORT & TAXI SERVICES :**

The Institute is well connected by many Buses routes. For the students travelling from different parts of Jammu . Safety and added comfort, both are the prime concerns of IPH&H. To bestow with the same, the fleet of College buses provide pick and drop facility to students. The buses are modern to give a comfortable travelling experience.

We operate a fleet of buses and vans that cater to students commuting from various locations within the Jammu region to the main campus. Our transportation routes are strategically planned to cover key areas, ensuring accessibility for all students. The vehicles are regularly maintained and staffed with trained drivers to guarantee a safe and comfortable journey. In addition to our regular transportation services, IPH&H has partnered with approved taxi operators to provide vehicles for staff and students who need to travel outside the city for official purposes. These taxi services are available at designated rates, ensuring affordability and convenience for all users.

**ACCOMMODATION :** The IPH&H College of Nursing primarily functions as a day campus with limited on-campus housing, allocated on a "FIRST COME FIRST SERVE" basis. These accommodations are vital to the Institute's educational mission, enriching students' personal and academic growth. Dormitory residents benefit from a high-quality program that promotes both living and learning, enhancing academic and social skills. On-campus living provides more than just a study and rest area.

The IPH&H College Hostels, in partnership with College Security, ensure a safe and healthy environment for all residents. Security personnel conduct regular patrols and respond to emergencies. Amenities include a well-equipped dining facility with nutritious meals, on-demand laundry services, security measures, 24-hour electricity, hot water in winter, transportation for recreational activities, and accessible healthcare services.



## BACHELOR OF SCIENCE IN NURSING PROGRAM B.Sc. (NURSING)

**ELIGIBILITY :** 10+2 with PCB & English

**DURATION :** 4 Years

**Objectives :** The undergraduate nursing program aims to establish a strong foundation for future nurses and midwives

**Equipping Graduates with Essential Skills :** Ensuring graduates develop competencies for comprehensive care, including promotive, preventive, curative, and rehabilitative services, along with skills in patient assessment, care planning, intervention implementation, and outcome evaluation.

**Fostering Independent Decision-Making :** Cultivating nurses capable of making informed, autonomous decisions in various situations, emphasizing critical thinking and advocacy for health equity.

**Preparing for Diverse Work Environments :** Training graduates to effectively function in various healthcare settings, including hospitals and community services, through exposure to different clinical environments.

**Nursing Clinical Training & Education :** Clinical training is an essential part of the B.Sc. Nursing and General Nursing and Midwifery (GNM) programs. Both programs integrate practical experience from the first year itself, ensuring students develop the necessary clinical skills alongside theoretical knowledge.

**Clinical Hours & Curriculum Integration :** The B.Sc. Nursing and GNM programs include designated clinical hours, providing students with hands-on training in real healthcare settings. The curriculum is a balanced combination of theoretical instruction and clinical practice, preparing students for professional nursing roles.

**Clinical Exposure & Training Facilities :** The IPH&H-School of Nursing ensures extensive clinical exposure in both government and private hospitals, allowing students to gain real-world experience under expert supervision. Students receive hands-on Educational Visits & Practical Exposure .

Note: The fee structure is liable to change without any prior intimation

### ELIGIBILITY CRITERIA :

Candidate with Science who have passed the qualifying 12th Standard examination (10+2) and must have obtained a minimum of 45% marks in Physics, Chemistry and Biology taken together and passed in English individually. In respect of candidates belonging to SC/ST/OBC the marks obtained in 3 core subjects shall be 40% instead of 45% for General category candidates.

Candidates are also eligible from State Open School recognized by State Government and National Institute of Open School (NIOS) recognized by Central Government having Science subjects and English only.

**Age :** 17 years to be completed on 31st December in the year of admission. The maximum age limit for admission shall be 35 years.

**Medium of Instruction :** English

**Examining Board :** University of Jammu

**Examination System :** The start of the semester shall be 1st August every year. University examination will be held at the end of every semester by the University of Jammu. Supplementary Examinations will be held at the end of next semester as per the University Schedule.

## POST BASIC BACHELOR OF SCIENCE IN NURSING PROGRAM PB. B.Sc. (NURSING)

**ELIGIBILITY :** GNM Registered with SNRC

**DURATION :** 2 Years

### Aims :

- The graduate nursing program aim is to establish a robust foundation for aspiring nurses through:
- The program equips students to make autonomous decisions in nursing contexts and to significantly contribute to patient care with empathy and compassion. The curriculum includes courses such as Maternal Nursing, Medical and Surgical Nursing, Microbiology, Mental Health Nursing etc.
- To train graduates to take on roles as professional and proficient nurses and midwives, delivering promotive, preventive, curative, and rehabilitative care.
- To educate nurses in the application of evidence-based practices within the nursing field.

### COURSE DESCRIPTION :

The Post Basic B.Sc. Nursing (PB. B.Sc.) program is a two-year undergraduate course designed for registered nurses aiming to enhance their expertise and advance their careers. It provides a deep understanding of advanced nursing practices, equipping candidates with the skills to deliver high-quality, patient-centered care in various healthcare settings.

The curriculum covers advanced clinical nursing, health assessment, pharmacology, and evidence-based practice, emphasizing critical thinking, clinical judgment, and ethical decision-making. Key components include proficiency in surgical and non-surgical techniques, with hands-on training in wound care, pain management, holistic patient care and many more.

Additionally, the program addresses leadership and management in nursing, exploring healthcare policy, quality improvement, and interdisciplinary collaboration. Graduates will be prepared to take on leadership roles and engage in lifelong learning and research.

### ELIGIBILITY CRITERIA :

A candidate :

- Must be a domicile of UT of J&K/UT of Ladakh as the case may be (For Candidates belonging to UT of Ladakh, ST certificate issued by Competent authority of Ladakh shall be treated as Domicile certificate);
- Have passed 10+2 or equivalent from recognized Board and have obtained a Certificate in General Nursing and Midwifery (GNM) and registered as R.N.R.M. with J&K Paramedical Nursing Council. A male Nurse, trained before the implementation of new integrated course besides being registered as a Nurse with J&K Paramedical Nursing Council, shall produce evidence of training approved by Indian Nursing Council for a similar duration in lieu of midwifery in any one of the areas such as O.T. Techniques, Ophthalmic Nursing, Leprosy Nursing, T.B. Nursing, Psychiatric Nursing, Neurological and Neuro surgical Nursing, Community Health Nursing, Cancer Nursing, Orthopaedic Nursing;
- The candidates who have appeared/appearing in final year/Sem. of GNM examination 2025 and whose result is pending can also apply for the same subject to the condition that they shall have to submit the final year/sem marks card at the time of counseling / admission, as may be decided by the Board, otherwise their candidature shall be rejected without any further claim(s) from such students.

## GENERAL NURSING AND MIDWIFERY (GNM)

**ELIGIBILITY :** 10+2 with any stream

**DURATION :** 3 Years Including Internship

### **Aims :**

- The aim of the Diploma in General Nursing and Midwifery program are as follows:
- The objective is to equip nurses with a comprehensive educational program in nursing, enabling them to operate effectively as integral members of the healthcare team, starting with the competencies required for entry-level positions across various healthcare environments.
- The aim is to foster nurses' ability to collaborate and coordinate with healthcare team members in efforts to prevent disease, promote health, and facilitate the rehabilitation of patients.
- The intention is to support nurses in their personal and professional growth, empowering them to contribute significantly to society as both productive individuals and proficient nursing professionals.
- This program serves as a foundation for advanced professional education and specialization within the nursing field.
- The goal is to prepare nurses to stay abreast of the latest advancements in professional practice and technology, utilizing these developments to enhance the quality of nursing care provided.

### **COURSE DESCRIPTION :**

The program offers a comprehensive three-year educational experience, culminating in a six-month internship that allows students to apply their theoretical knowledge in real-world settings. Students undergo annual examinations to assess their understanding of the material.

Throughout their studies, they gain valuable clinical experience in various environments, developing essential practical skills under the supervision of experienced instructors. This combination of rigorous course work, assessments, and hands-on training prepares students to become well-rounded professionals, equipped with the knowledge, confidence, and skills needed to excel in the healthcare industry and contribute to their communities.

### **ELIGIBILITY CRITERIA :**

#### **A candidate :**

- Minimum and Maximum age for admission will be 17 and 35 years. There is no age bar for ANM/LHV.
- Minimum education:10+2 passed with English preferably Science (PCB) with aggregate of 40% marks.
- 10+2 in Arts (Mathematics, Biotechnology, Economics, Political Science, History, Geography, Business Studies, Accountancy, Home Science, Sociology, Psychology, and Philosophy) and English Core/English Elective or Health care Science - Vocational stream ONLY, passing out from recognized Board under AISSCE/CBSE/ICSE/SSCE/HSCE or other equivalent Board with 40% marks.
- 10+2 vocational ANM under CBSE Board or other equivalent board from the school and recognized by Indian Nursing Council with 40% marks.
- Registered as ANM with State Nursing Registration Council.

## MULTI PURPOSE HEALTH WORKER (MALE/FEMALE) MPHW (M/F)

**ELIGIBILITY :** 10th Pass

**DURATION :** 18 months

**Aims :** The aim of the Diploma in Multi Purpose Health Worker (Male/Female) programme are as follows:  
The Multi-Purpose Health Worker (MPHW) plays a crucial role during health emergencies, especially in areas without hospitals. They connect communities to healthcare services, providing immediate care as first responders. MPHWS deliver essential maternal and child health services, including immunization, family health care, and family planning, which are vital for preventing disease outbreaks and ensuring the well-being of vulnerable populations. By offering education and access to contraceptives, they empower individuals to make informed reproductive health choices, ultimately promoting healthier families. Their primary goal is to equip communities with knowledge and skills for disease prevention and control, focusing on hygiene, nutrition, and the importance of seeking medical care.

**COURSE DESCRIPTION :** The program spans a duration of 18 months, which encompasses a 6-month internship or training period. Examinations are conducted on an annual basis.

Participants enrolled in this MPHWS (M/F) course receive instruction in fundamental concepts across a range of medical disciplines. These include pharmacy, psychology, microbiology, nutrition, medicine, surgery, dentistry, midwifery, hygiene, sociology, nursing fundamentals, medical-surgical nursing, maternal health nursing, communicable disease control, and various nursing or allied health professions. Additionally, the curriculum covers communication skills, a general foundation course, anatomy, physiology, family planning and welfare activities, environmental sanitation, child health nursing, and community health nursing.

### **ELIGIBILITY CRITERIA :**

- Candidates applying for admission to 10th based Paramedical Diploma Courses must fulfil the following eligibility conditions.
- A candidate must: be a Domicile of UT of J&K or Ladakh as the case may be.
- Have passed Secondary School Examination (Matriculation or equivalent examination) from a recognised statutory Board.
- Have a valid category certificate, if applicable The candidates appearing/appeared in 10th examination can also apply, provided such candidates have to qualify the 10th class examination at the time of declaration of the result in the Entrance Test or at the date of counselling as may be notified by the Board

### **DOCUMENT TO BE SUBMITTED AT THE TIME OF ADMISSION**

1. Class 10th & 12th Original Certificate with two set of photostats .
2. BOPEE SCORE CARD
3. Certificate of Higher Education, if any
4. Domicile / Nationality Certificate
5. Reservation Certificate; if any.
6. Twelve passport size photographs.
7. Character Certificate
8. Health fitness Certificate
9. Covid-19 vaccination Certificate.
10. Aadhar Card photostats copies.

## AN EXCITING RANGE OF ADD ON/FAST TRACK COURSES

A "value added course" complements the standard curriculum by equipping students with practical skills and specialized knowledge to enhance employability. These courses align theoretical education with industry needs, focusing on areas like digital marketing, data analytics, and communication skills, thereby improving job market competitiveness.

### ADD ON/FAST TRACK COURSES

#### FOUNDATIONS OF AI IN HEALTHCARE



Course Duration : 20 Hrs.

#### YOGA AND MEDITATION



Course Duration : 16 Hrs.

#### FUNDAMENTALS OF FORENSIC NURSING



Course Duration : 20 Hrs.

#### HOSPITAL INFECTION CONTROL PRACTICES



Course Duration : 30 Hrs.

#### NARCOTICS DRUGS & DRUGS OF ABUSE



Course Duration : 16 Hrs.

#### SANITATION AND HYGIENE



Course Duration : 16 Hrs.

#### WHEELCHAIR ASSISTANT



Course Duration : 16 Hrs.

## CLUBS & SOCIETIES

A variety of clubs and organizations at the IPH&H-College of Nursing & Allied Health Sciences promote student involvement. Joining an organization as a student is one of the best ways to influence our community and your future.

ROOTS & STEM-ECO CLUB

LANGUAGE & CULTURAL CLUB

COMMUNITY SERVICE CLUB

SAKHI- GIRL UP

MENTOR -MENTEE

FUTURE HEALTH PROFESSIONALS

SPORTS CLUB

YOGA CLUB

## COMMITTEES





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# IPH&H - COLLEGE OF NURSING & ALLIED HEALTH SCIENCES

IPH&H - College of Nursing & Allied Health Sciences Institutional Campus ,  
 Near Kangar Morh, Kot Bhalwal, Jammu, Jammu & Kashmir - 181122 (India)  
 Visit us : [www.iphhnursingcollegejammu.org](http://www.iphhnursingcollegejammu.org) Email : [iphhjammu@gmail.com](mailto:iphhjammu@gmail.com)

 **ADMISSION ENQUIRY**  
 7051179677, 8082531040, 8082657200

